

COSTA RICA 2003

July 22 Martinair flight MP645 Amsterdam - San José, with a stop in Miami (Florida, US). Picked up the rented car (Toyota RAV4; Adobe). Overnight stay at hotel Brilla Sol, Alajuela.

July 23 Morning stroll in the garden and surroundings of Brilla Sol. Afternoon visit to Vulcan Poás after some difficulties trying to bypass a land slide that blocked the main road.



July 24 Prebreakfast walk in the rural area near Brilla Sol. Walk at the La Paz waterfall. Brief walk in the late afternoon in Virgin del Socorro and overnight stay at Hotel Los Gallitos, St. Miguel.



July 25 Prebreakfast walk (start 05.00) from Los Gallitos to the Rio Sarapiquí. In the afternoon we tried to find a spot in the river for a swim, but we became lost in a marshy area. Overnight stay at Los Gallitos.

July 26 Walk to the Rio Sarapiquí for a swim. Overnight stay at Los Gallitos. Below: *impressions of Los gallitos and the Rio Sarpiqui.*



- July 27 Drive from St. Miguel to Puerto Viejo de Sarapiquí. Arrived at La Selva Biological Station about 10.30. A guided afternoon walk was halfway cancelled due to a severe thunderstorm and heavy rain. Overnight stay at Posada Andrea Christina.
- July 28 A guided bird walk at La Selva Biological Station from 06.00 to 09.00. From 11.45 to 13.15 a boat tour on the Rio Sarapiquí. We spend about 1.5 hour at and near the local bank where Annelien tried to get money. End of the afternoon searched for Great Green Macaw with local guide.
- July 29 Prebreakfast tour to the Rio Sarapiquí. Then via Limón to Puerto Viejo – Pta Uva at the Caribbean coast. Afternoon swim and a walk along main street.



- July 30 Prebreakfast tour followed by a morning swim. From 12.30-14.30 a walk in the nearby forest. Drive, via Limón, to Turrialba.

July 31 After some early morning birding near the hotel, drive to the Tapanti National Park. A very wet afternoon at 2650 m. Overnight stay at Alberge Mirador de Quetzales.



Aug 1 Prebreakfast walk searching for Quetzals in the cloud forest with a local "guide". Rain showers after breakfast. Drive over the Pan American Highway to Dominical on the Pacific coast. Overnight stay at Hotel Posada del Sol.

Aug 2 Prebreakfast walk to a local mudflat. Via Manuel Antonio (swim and walk in the park) to Tarcoles. Briefly visited the famous bridge over the Rio Tarcoles. Overnight stay at Hotel Carara.



Aug 3 Prebreakfast walk to the ocean. Walked the very wet Sendero Laguna Meándrica at Park National Carara. In the afternoon we visited the Pacific Ocean for a swim. Rain late afternoon.





- Aug 4 Walk with a local "guide" at the Sendero Laguna Meándrica. Drive via Puntarenas to Monte Verde. Overnight stay at Manakin Lodge.
- Aug 5 Morning walk at the Monte Verde reserve. Spend some time near the visitor centre where mixed flocks were around.
- Aug 6 Prebreakfast tour from near the visitor centre of the Monte Verde reserve and at the road to La Colina lodge. Morning walk at the Finca Ecológica. Late afternoon we joined the "Hidden Valley tour".
- Aug 7 We scheduled to visit the Monte Verde reserve at 05.00 hours with a local bird guide, but this didn't work out. Instead, Annelien and I birded near the feeders, main entrance and La Colina lodge. Morning stroll with Wessel in "downtown" Monte Verde. Delayed guided bird tour started at noon.



Aug 8 Sendero al Camino walk at the Monte Verde reserve.

Aug 9 Drive from Monte Verde to Palo Verde reserve. Afternoon birding along the road to Palo Verde. We visited the main entrance of the park only due to poor road conditions. Overnight stay at Hotel La Siesta, with a nice swimming pool, Liberia.



Aug 10 Visited the Santa Rosa reserve. Breakfast near and short walk around the administration buildings. Walked on the way towards the ocean. Afternoon swim.



Aug 11 Drive to Rincón de la Vieja reserve, including 20 km of dirt road. A walk in the reserve, renowned for its volcanic activity. Swim in the swimming pool of the hotel.





Aug 12 Drive via Lake Arenal to Selva Verde Lodge (near La Selva). Poor road conditions due to land slides. Morning visit to the Palo Verde reserve. In the afternoon, we visited the Asis Bird Observatory (www.institutoasis.com).

Aug 13 Guided prebreakfast tour at Selva Verde Lodge. Rest of the day we spend in the "garden" opposite the road of Selva Verde lodge. Afternoon swim in the river.



Aug 14 Guided prebreakfast tour at Selva Verde Lodge. Rest of the morning a guided tour in the primary forest that is entered via the suspension bridge. In the afternoon a drive to "Los Gallitos" in San Miquel. Rain.

BIRDS

TINAMIDAE

Great Tinamou *Tinamus major* - Heard at La Selva and along the Sendero Laguna Meándrica.

Slaty-breasted Tinamou *Crypturellus boucardi* - Heard at La Selva.

PELECANIDAE

Brown Pelican *Pelecanus occidentalis* - Common at both coasts.

SULIDAE

Brown booby *Sula leucogaster* - Common on small rocky islands at Manuel Antonio.

PHALACROCORACIDAE

Neotropic Cormorant *Phalacrocorax brasillianus* - Seen on six days in small numbers.

ANHINGIDAE

Anhinga *Anhinga anhinga* - Seen at the Rio Sarapiqui and near Park National Carara.

FREGATIDAE

Magnificent Frigatebird *Fregata magnificens* - About 20 above Limón, common near Tarcoles.

ARDEIDAE

Great Blue Heron *Ardea herodias* – A single at the Rio Sarapiqui. Five birds on the Pacific coast.

Great Egret *Ardea alba* – Common.

Little Blue Heron *Egretta caerulea* - Seen on four days, about twenty near the Palo Verde Reserve.

Snowy Egret *Egretta thula* - Seen on three days, at least 50 near the Palo Verde Reserve.

Cattle Egret *Bubulcus ibis* – Common, e.g. about 500 near the Palo Verde Reserve.

Tricoloured Heron *Egretta tricolor* - Two birds in a mixed heron flock.

Green Heron *Butorides virescens* - Seen on three days, most common near the Palo Verde Reserve.

Black-crowned Night-heron *Nycticorax nycticorax* – A single bird at the Palo Verde Reserve.

Boat-billed Heron *Cochlearius cochlearius* - Seen at Laguna Meándrica and Asis Bird Observatory.

Bare-throated Tiger-heron *Tigrisoma mexicanum* - Superb views near the Palo Verde Reserve.

Fasciated Tiger-heron *Trigisoma fasciatum* - Seen along the Rio Sarapiqui, Selva Verde Lodge.

CICONIIDAE

Wood Stork *Mycteria americana* - Seen on four days, common near the Palo Verde Reserve.

Jabiru *Jabiru mycteria* - Scope views of two adults in the rice fields near the Palo Verde Reserve.

THRESKIORNITHIDAE

Green Ibis *Mesembrinibis cayennensis* - One heard at La Selva.

White Ibis *Eudocimus albus* - Common.

Roseate Spoonbill *Ajaia ajaja* - Seen in small numbers along the road to Palo Verde Reserve.

Glossy Ibis *Plegadis falcinellus* - A single bird near the Palo Verde Reserve



Palo Verde Reserve

ANATIDAE

Black-bellied Whistling-Duck *Dendrocygna autumnalis* – Common at the Palo Verde Reserve.

Muscovy Duck *Cairina moschata* - Three at the Rio Sarapiquí.

CATHARTIDAE

Black Vulture *Coragyps atratus* – Common.

Turkey Vulture *Cathartes aura* – Common.

King Vulture *Sarcoramphus papa* - Two birds near La Selva and one at Park National Carara.

ACCIPITRIDAE

Hook-billed Kite *Chondrohierax uncinatus* – One during the prebreakfast tour at La Selva.

Swallow-tailed Kite *Elanoides forficatus* - Seen on five days, about ten birds at St. Miguel.

White-tailed Kite *Elanus leucurus* – A single near Brilla Sol, Alajuela.

Double-toothed Kite *Harpagus bidentatus* – Singles at La Selva and Selva Verde Lodge.

Crane Hawk *Geranospiza caerulescens* - Two birds near Hotel Carara, Tarcoles.

Barred (Black-chested) Hawk *Leucopternis princeps* - A distant bird at Monte Verde reserve.

Semiplumbeous Hawk *Leucopternis semiplumbea* - A perched adult at La Selva.

White Hawk *Leucopternis albicollis* - Distant views of a perched adult near Puerto Viejo.

Mangrove Black-hawk *Buteogallus subtilis* - Two birds near Hotel Carara.

Gray (Gray-lined) Hawk *Asturina nitida* - Seen in low numbers throughout the tour.

Roadside Hawk *Buteo magnirostris* - Six birds seen, best views of a perched adult at Perto Viejo.

Short-tailed Hawk *Buteo brachyurus* - Seen on six days during the tour.

Red-tailed Hawk *Buteo jamaicensis* – A single bird.

Black Hawk Eagle *Spizaetus tyrannus* - A distant bird soaring above the Rincón de la Viegó Reserve.

FALCONIDAE

Crested Caracara *Caracara cheriway* - Seen on five days, about ten near the Palo Verde reserve.

Yellow-headed Caracara *Milvago chimachima* - Adult bird at a road kill near Park National Carara.

Laughing Falcon *Herpetotheres cachinnans* - Single birds on several days, including Los Gallitos.

Bat Falcon *Falco ruficularis* - Scope views at Los Gallitos and a fly-by near Puerto Viejo.

CRACIDAE

Gray-headed Chachalaca *Ortalis cinereiceps* – Seen at Monte Verde and the Asis Bird Observatory .

Crested Guan *Penelope purpurascens* - Two birds at Los Gallitos and two at La Selva.

Black Guan *Chamaepetes unicolor* - Four birds at Monte Verde.

Great Curassow *Crax rubra* – Brief views of a male crossing the trail at the Santa Rosa reserve.

ARAMIDAE

Limpkin *Aramus guarauna* - Single birds along the entrance road to the Palo Verde Reserve.

RALLIDAE

White-throated Crake *Laterallus albigularis* - Heard at the Asis Bird Observatory.

Gray-necked Wood Rail *Aramides cajanea* – Single birds at La Selva..

Purple Gallinule *Porphyryla martinica* – Three birds at the Sendero Laguna Meántrica.

EURYPYGIDAE

Sunbittern *Eurypyga helias* – Seen during a prebreakfast tour from the suspension bridge over the Rio Sarapiquí at Selva Verde lodge. Great views when flying over the river to join a second bird.

JACANIDAE

Northern Jacana *Jacana spinosa* – Seen in Park National Carara and at the Palo Verde Reserve.

RECURVIROSTRIDAE

Black-necked Stilt *Himantopus mexicanus* - About 50 seen at the Palo Verde Reserve.

HAEMATOPODIDAE

American Oystercatcher *Haematopus palliatus* - Two birds at a mudflat near Dominical.

CHARADRIIDAE

Semipalmated Plover *Charadrius semipalmatus* - A few seen at Dominical and Palo Verde Reserve.

Wilson's Plover *Charadrius wilsonia* - A single bird at Dominical.

Collared Plover *Charadrius collaris* - Two birds at Dominical.

SCOLOPACIDAE

Whimbrel *Numenius phaeopus* – Singles on two days.

Greater Yellowlegs *Tringa melanoleuca* - Seen along the road to the Palo Verde Reserve.

Lesser Yellowlegs *Tringa flavipes* - About 20 along the road to the Palo Verde Reserve.

Solitary Sandpiper *Tringa solitaria* - Seen along the road to the Palo Verde Reserve.

Spotted Sandpiper *Actitis macularia* - Seen on five days.

Willet *Catoptrophorus semipalmatus* - Two birds near Dominical.

Western Sandpiper *Calidris mauri* - Seen along the road to the Palo Verde Reserve.

Least Sandpiper *Calidris minutilla* - A single bird near Dominical, and 20 at the Palo Verde Reserve.

Pectoral Sandpiper *Calidris canatus* - A single bird at the Palo Verde Reserve.

LARIDAE

Laughing Gull *Larus atricilla* - Three birds at Puntarenas.

Royal Tern *Sterna maxima* - Six birds at Puntarenas.

COLUMBIDAE

Rock Dove *Columba livia* (Introduced) - About 20 at Puntarenas.

Band-tailed Pigeon *Columba fasciata albilinea* - Seen on four days.

Pale-vented Pigeon *Columba cayennensis* – As previous species.

Red-billed Pigeon *Columba flavirostris* - Seen on three days.

Short-billed Pigeon *Columba nigrirostris* – Low numbers on three days.

White-winged Dove *Zenaida asiatica* - Common between Liberia and Rincón de la Viegó Reserve.

Common Ground-dove *Columbina passerina* – Most common in the Santa Rosa reserve.

Ruddy Ground-dove *Columbina talpacoti* – Common.

Inca Dove *Columbina inca* – Seen on our first morning near Brilla Sol.

Blue-ground Dove *Claravis pretiosa* - Beautiful views of a flying male near the Asis Bird Observatory.

White-tipped Dove *Leptotila verreauxi* – A few sightings, including near Los Gallitos.

Chiriqui Quail-dove *Geotrygon chiriquensis* (Endemic) - Nice views near La Colina lodge.

PSITTACIDAE

Great Green Macaw *Ara ambigua* - One of the highlights! Three flying birds at Los Gallitos, and a single male in a rural area near Perto Viejo de Sarapiquí.

Scarlet Macaw *Ara macao* - About 60 at Carara.



Left: Green Green Macaw; right: Scarlet Macaw.

Crimson-fronted Parakeet *Aratinga finschi* - Seen at La Selva.

Olive-throated Parakeet *Aratinga nana astec* - Six birds at the Rio Sarapiquí.

Orange-fronted Parakeet *Aratinga canicularis* - Common around Liberia.

Orange-chinned Parakeet *Brotogeris jugularis* – Two birds near the Palo Verde reserve.

Brown-hooded Parrot *Pionopsitta haematotis* - Common around Los Gallitos.

White-crowned Parrot *Pionus senilis* – Common around Los Gallitos and at La Selva.

White-fronted Parrot *Amazona albifrons* - Common at Liberia.

Red-lored Parrot *Amazona autumnalis* - Common at Liberia and at the Selva Verde Lodge.

Mealy Parrot *Amazona farinosa* - Seen on several days, best views at the Rio Sarapiquí .

CUCULIDAE

Squirrel Cuckoo *Piaya cayana* - Seen on four days, e.g. at Pta Uva near the Caribbean coast.

Groove-billed Ani *Crotophaga sulcirostris* - Common throughout the tour.

Lesser Ground-cuckoo *Morococcyx erythropygus* - An unexpected bonus near Brilla Sol, Alajuela.

STRIGIDAE

Ferruginous Pygmy-owl *Glaucidium brasilianum* - A responsive bird at Dominical.

Common Barn Owl *Tyto alba* - A single at Dominical.

CAPRIMULGIDAE

Pauraque *Nyctidromus albigollis* - Several birds on a dirt road at Dominical.

PHASIANIDAE

Black-breasted Wood Quail *Odontophorus leucolaemus* – Four birds near La Colina Lodge.

Buffy-crowned Wood Partridge *Dendrortyx leucophrys* - One bird at the Palo Verde reserve.

Spot-bellied Bobwhite *Colinus leucopogon* - Nice views of two birds near Rincón de la Viegó.

APODIDAE

Chestnut-collared Swift *Streptoprocne rutila* – Common over the Rio Sarapiquí at Los Gallitos.

White-collared Swift *Streptoprocne zonaris* – As previous species.

Gray-rumped Swift *Chaetura cinereiventris* - Two birds above the Rio Sarapiquí.

Lesser Swallow-tailed Swift *Panyptile cayennensis* – Singles at the Rio Sarapiquí.

Vaux's Swift *Chaetura vauxi* - Abundant above the forested hills of the Rincón de la Viegó Reserve.

TROCHILIDAE

Green Hermit *Phaethornis guy* – Well seen near the La Paz waterfall.

Western Long-tailed Hermit *Phaethornis longirostris* - Three birds seen at Selva Verde Lodge.

Bronzy Hermit *Glaucis aenea* - One briefly seen at the La Selva Reserve.

Green-fronted Lancebill *Doryfera ludovicae* - One seen in the canopy along the Rio Sarapiquí.

Violet Sabrewing *Campylopterus hemileucurus* - Seen on four days.

White-necked Jacobin *Florisuga mellivora* – Scope views of a male near Pta Uva.

Brown Violet-ear *Colibri delphinae* – Common at the La Paz waterfall.

Green Violet-ear *Colibri thalassinus* – As previous species.

Green-breasted Mango *Anthracothonax prevostii* - Two birds near Turialba.

Black-crested Coquette *Lophornis helenae* - Females at La Selva.

Green Thorntail *Discosura conversii* – Seen well at the La Paz waterfall.

Fiery-throated Hummingbird *Pantherpe insignis* (Endemic) - Common at the Albergue Mirador.

Fork-tailed Emerald *Chlorostilbon canivetii* - A sleeping bird during the Hidden Valley tour.

Coppery-headed Emerald *Elvira cupreiceps* (Endemic) - Nice views near the La Paz waterfall.

Stripe-tailed Hummingbird *Eupherusa eximia* – Three at Monte Verde.

Black-bellied Hummingbird *Eupherusa nigriventris* - Common at the La Paz waterfall.

Violet-crowned Woodnymph *Thalurania colombica* - A single at Puerto Viejo de Sarapiquí.

Rufous-tailed Hummingbird *Amazilia tzacatl* – Common throughout the tour.

Cinnamon Hummingbird *Amazilia rutila* - One at the Santa Rosa reserve.

Blue-chested Hummingbird *Polyerata amabilis* - A few at La Selva and Perto Viejo de Sarapiquí.

Steely-vented Hummingbird *Saucerottia saucerrottei* - Seen at Pension Manakin, Monte Verde.

Bronze-tailed (Red-footed) Plumeteer *Chalybura urochrysis* - One at La Selva.

Purple-throated Mountain-gem *Lamphornis calolaema* – Common at the La Paz waterfall.



Fiery-throated Hummingbird

Green-crowned Brilliant *Heliodoxa jacula* – Common at the La Paz waterfall and at Monte Verde.

Magnificent Hummingbird *Eugenes fulgens* – Common, e.g. at the La Paz waterfall.

Purple-crowned Fairy *Heliophryx barroti* – Scattered sightings.

Plain-capped Starthroat *Helimaster constantii* - A female at Dominical.

Volcano Hummingbird *Selasphorus flammula* (Endemic) - Four birds near Vulcan Poás.

Long-billed Starthroat *Helimaster longirostris* – Several at La Selva.

TROGONIDAE

Black-headed Trogon *Trogon melanocephalus* - Singles on five days,

Baird's Trogon *Trogon bairdii* (Endemic) - A female along the Sendero Laguna Meándrica.

Violaceous Trogon *Trogon violaceus* – A few including a male near the entrance of La Selva.

Slaty-tailed Trogon *Trogon massena* - Single females at La Selva and Selva Verde Lodge.

Orange-bellied Trogon *Trogon aurantiiventris* – Common and tame, easy to spot.

Resplendent Quetzal *Pharomachrus mocinno* – Seen at Alberge Mirador de Quetzales, Monte Verde, and La Colina Lodge.

ALCEDINIDAE

Ringed Kingfisher *Ceryle torquata* – Common along the Rio sarapiquí.

Amazon Kingfisher *Chloroceryle amazona* – Common.

Green Kingfisher *Chloroceryle americana* - Seen along the Rio Sarapiquí.

MOMOTIDAE

Blue-crowned Motmot *Momotus momota* - Seen on three days, for example at La Colina Lodge.

Rufous Motmot *Baryphthengus martii* - One at La Selva.

Broad-billed Motmot *Electron platyrhynchum* - Two birds near Los Gallitos.

Turquoise-browed Motmot *Eumomota superciliosa* – Seen near the Rincón de la Viegó reserve.

GALBILIDAE

Rufous-tailed Jacamar *Galbula ruficauda* – A perched male along the Sendero Laguna Meándrica.

BUCCONIDAE

White-necked Puffbird *Notharchus macrorhynchos* - Glimpsed near Los Gallitos.

CAPITONIDAE

Prong-billed Barbet *Semnornis frantzii* (Endemic) – A few at the Monte Verde reserve.

RAMPHASTIDAE

Emerald Toucanet *Aulacorhynchus prasinus* - Common at Monte Verde and La Colina lodge.

Collared Aracari *Pteroglossus torquatus* - Seen at La Selva and Selva Verde Lodge.

Fiery-billed Aracari *Pteroglossus frantzii* (Endemic) - Two at the Sendero Laguna Meándrica.

Keel-billed Toucan *Ramphastos sulfuratus* - Common.

Chestnut-mandibled Toucan *Ramphastos ambiguus* – Seen on several days.

PICIDAE

Golden-naped Woodpecker *Melanerpes chrysaeuchus* (Endemic) - Two at La Selva.

Black-cheeked Woodpecker *Melanerpes pucherani* – Seen on five days.

Hoffmann's Woodpecker *Melanerpes hoffmannii* - The most common woodpecker.

Hairy Woodpecker *Picoides villosus* - A single near Albergo Mirador de Quetzales.

Rufous-winged Woodpecker *Piculus simplex* - Seen near Los Gallitos and La Selva.

Chestnut-collared Woodpecker *Celeus castaneus* - Beautiful views of two birds at La Selva.

Lineated Woodpecker *Dryocopus lineatus* – A single near Selva Verde Lodge.

Pale-billed Woodpecker *Campephilus guatemalensis* – Common.

FURNARIIDAE

Slaty Spinetail *Synallaxis brachyura* - Brief views of a single near Los Gallitos.

Ruddy Treerunner *Margarornis rubiginosus* (Endemic) - Seven birds along the Sendero al Camino.

Plain Xenops *Xenops minutus* – Seen at Los Gallitos and along the Sendero Laguna Meándrica.

Gray-throated Leaftosser *Sclerurus albigularis* - One heard near the HQ of Monte Verde reserve.

DENDROCOLAPTIDAE

Olivaceous Woodcreeper *Sittasomus griseicapillus* – One at La Selva.

Wedge-billed Woodcreeper *Glyphorhynchus spirurus* - Two birds near the Selva Verde lodge.

Northern Barred-woodcreeper *Dendrocolaptes sanctihomei* - As Olivaceous Woodcreeper.

Spotted Woodcreeper *Xiphorhynchus erythropygius* - Two birds at the Monte Verde reserve.

Streak-headed Woodcreeper *Lepidocolaptes souleyetii* – Common.

Buff-throated Woodcreeper *Xiphorhynchus guttatus* - One at La Selva.

THAMNOPHILIDAE

Fasciated Antshrike *Cymbilaimus lineatus* - A male near the suspension bridge at La Selva.

Barred Antshrike *Thamnophilus doliatus* – Singles on three days.
Black-hooded Antshrike *Thamnophilus bridgesi* (Endemic) - Two at Sendero Laguna Meándrica.
Russet Antshrike *Thamnistes anabatinus* - A single near Los Gallitos.
Plain Antvireo *Dysithamnus mentalis* - A male at the Monte Verde reserve.
Streak-crowned Antvireo *Dysithamnus striaticeps* - A male near Los Gallitos.
Dusky Antbird *Cercomacra tyrannina* - A female near Los Gallitos and a male at Pta. Uva.
Chestnut-backed Antbird *Myrmeciza exsul* – Seen at Sendero Laguna Meándrica and Selva Verde.

RHINOCRYPTIDAE

Silvery-fronted Tapaculo *Scytalopus argentifrons* (Endemic) - Heard at the Monte Verde reserve.

COTINGIDAE

Three-wattled Bellbird *Procnias tricarunculata* - Calling males and females at La Colina Lodge.
Rufous Piha *Lipaugus unirufus* - One near the Selva Verde lodge.

PIPRIDAE

White-collared Manakin *Manacus candei* - A female at La Selva, males at Selva Verde lodge.
Long-tailed Manakin *Chiroxiphia linearis* - Males at Finca Ecologica and Rincón de la Vieó reserve.
Red-capped Manakin *Pipra mentalis* - A male near Selva Verde lodge.
Thrush-like Manakin *Schiffornis turdinus* - Five birds along the Rio Sarapiquí, Los Gallitos.

TYRANNIDAE

Yellow-bellied Elaenia *Elaenia flavogaster* - A few seen throughout the tour.
Mountain Elaenia *Elaenia frantzii* - Two birds near Vulcan Poás.
Torrent Tyrannulet *Serpophaga cinerea* - A single bird on the rocks in the Rio Sarapiquí.
Black-headed Tody Flycatcher *Todirostrum nigriceps* - A single bird near Los Gallitos.
Common Tody Flycatcher *Todirostrum cinereum* - Common at Los Gallitos.
Yellow-olive Flycatcher *Tolmomyias sulphurescens* - A single bird at Selva Verde Lodge.
White-throated Spadebill *Platyrinchus mystaceus* - Briefly seen along the Sendero al Camino.
Sulphur-rumped Flycatcher *Myiobius sulphureipygius aureatus* – A single bird at La Selva.
Tufted Flycatcher *Mitrephanes phaeocercus* - Two birds at Alberge Mirador de Quetzales.
Yellowish Flycatcher *Empidonax flavescens* – A single bird along the Sendero al Camino trail.
Black-capped Flycatcher *Empidonax atriceps* (Endemic) - Two at Alberge Mirador de Quetzales.
Long-tailed Tyrant *Colonia colonus* - A male on a dead tree near Los Gallitos.
Rufous Mourner *Rhytipherna holerythra* – A single bird near the La Selva Biological Station.
Dusky-capped Flycatcher *Myiarchus tuberculifer* - Los Gallitos, Monte Verde, and Selva Verde.
Great Kiskadee *Pitangus sulphuratus* – Several at Los Gallitos.
Boat-billed Flycatcher *Megarhynchus pitangua* - Three birds at Los Gallitos.
Social Flycatcher *Myiozetetes similis* - Common at Los Gallitos.
Gray-capped Flycatcher *Myiozetetes granadensis* - Two birds near Puerto Viejo.
White-ringed Flycatcher *Conopias albobittata* - Two birds at Los Gallitos.
Streaked Flycatcher *Myiodynastes maculates* - Seen at Santa Rosa and Rincón de la Vieó reserves.
Sulphur-bellied Flycatcher *Myiodynastes luteiventris* - Seen on four days.
Tropical Kingbird *Tyrannus melancholicus* - A single bird near Los Gallitos.
Cinnamon Becard *Pachyramphus cinnamomeus* – Singles at Los Gallitos and Selva Verde Lodge.

Rose-throated Becard *Pachyramphus aglaiae* – A pair well seen near Hotel Carara, Tarcoles.
Masked Tityra *Tityra semifasciata* - Common at Los Gallitosm, one at Park National Carara.
Black-crowned Tityra *Tityra inquisitor* - Seen at Park National Carara and Selva Verde Lodge.
Mistletoe Tyrannulet *Zimmerius vilissimus* - One at the Monte Verde reserve HQ.
Dark Pewee *Contopus lugubris* – A single bird near Los Gallitos..
Nutting's Flycatcher *Myiarchus nuttingi* – Singles at Santa Rosa and Rincón de la Viegó reserves.
Ruddy-tailed Flycatcher *Terenotriccus erythrurus* – One near the Selva Verde Lodge.

HIRUNDINIDAE

Mangrove Swallow *Tachycineta albilinea* - Common at the Rio Sarapiqui, Puerto Viejo de Sarapiqui.

Blue-and-white Swallow *Pygochelidon cyanoleuca* - Common at the Rio Sarapiqui near Los Gallitos.
Southern Rough-winged Swallow *Stelgidopteryx ruficollis* - As previous species.
Barn Swallow *Hirundo rustica* – One at La Selva and ten at the Monte Verde reserve.

PTILOGONATIDEA

Long-tailed Silky-flycatcher *Ptilogonys caudatus* - Three at Alberge Mirador de Quetzales.
Black-and-yellow Silky-flycatcher *Phainoptila melanoxantha* (Endemic) - As previous species.

CINCLIDAE

American Dipper *Cinclus mexicanus* - One at the Rio Sarapiqui near Los Gallitos.

TROGLODYTIDAE

Banded-backed Wren *Campylorhynchus zonatus* - One at Puerto Viejo.
Rufous-naped Wren *Campylorhynchus rufinacha* - Seen at Brilla Sol, Alajuela, and Carara.
Bay Wren *Thryothorus nigricapillus* - Beautiful views near Turalba.
Stripe-breasted Wren *Thryothorus thoracicus* – One at La Selva.
Banded Wren *Thryothorus pleurostictus* - Four birds at the Santa Rosa reserve.
Rufous-and-white Wren *Thryothorus rufalbus* - Single birds at the Monte Verde reserve.
Plain Wren *Thryothorus modestus* - A single bird at Monte Verde.
House Wren *Troglodytes aedon* - Common at Los Gallitos.
Timberline Wren *Thryorchilus browni* - Three birds at Monte Verde.
White-breasted Wood-wren *Henicorhina leucosticte* – A single bird at La Selva.
Gray-breasted Wood-wren *Henicorhina leucophrys* - Common at the Monte Verde reserve.

TURDIDAE

Black-faced Solitaire *Myadestes melanops* (Endemic) - Small flocks at Monte Verde reserve.
Orange-billed Nightingale-thrush *Catharus aurantirostris* - Two birds at Monte Verde.
Slaty-backed Nightingale-thrush *Catharus fascater* - About ten at Monte Verde.
Black-billed Nightingale-thrush *Catharus gracilirostris* (Endemic) - Seen at Vulcan Poás and Alberge.
Sooty Robin *Turdus nigrescens* (Endemic) – As previous species.
Clay-colored Robin *Turdus grayi* – Common throughout the tour.

POLIOPTILIDAE

Long-billed Gnatwren *Ramphocaenus melanurus* - Brief views near Hotel Carara.

White-lored Gnatcatcher *Polioptila albiloris* - Two at the Santa Rosa reserve.

Tropical Gnatcatcher *Polioptila plumbea* - Three at Selva Verde lodge.

CORVIDAE

White-throated Magpie-jay *Calocitta formosa* –Santa Rosa and Rincón de la Vieja reserves.

Brown Jay *Cyanocorax morio* - Seen on five days.

Azure-hooded Jay *Cyanolyca cucullata* - Two in a mixed flock crossing the Sendero al Camino.

PASSERIDAE

House Sparrow *Passer domesticus* (Introduced) - Seen at Liberia.

VIRONIDAE

Yellow-winged Vireo *Vireo carmioli* - One near the Albergue Mirador de Quetzales.

Yellow-green Vireo *Vireo flavoviridis* - One at Turialba.

Lesser Greenlet *Hylophilus decurtatus* – One in a mixed flock at Selva Verde lodge.

Rufous-browed Peppershrike *Cyclarhis gujanensis* – Heard at La Colina lodge.

PARULIDAE

Yellow Warbler *Dendroica petechia* - One at Selva Verde lodge.

Gray-crowned Yellowthroat *Geothlypis poliocephala* – Three at “downtown” Monte Verde.

Slate-throated Redstart *Myioborus miniatus* - Common at La Paz waterfall and Monte Verde.

Collared Redstart *Myioborus torquatus* (Endemic) - Seen at Albergue Mirador and Monte Verde.

Golden-crowned Warbler *Basileuterus culicivorus* – A few at the Monte Verde reserve.

Rufous-capped Warbler *Basileuterus rufifrons* - Two at the Monte Verde reserve.

Black-cheeked Warbler *Basileuterus melanogenys* – Seen at La Paz and Albergue Mirador.

Buff-rumped Warbler *Phaeothlypis fulvicauda* - Best seen at the Selva Verde lodge.

Three-striped Warbler *Basileuteris tristriatus* - Seen at Vulcan Poás and the Monte Verde reserve.

COERIBIDAE

Bananaquit *Coereba flaveola* - Common at the hummingbird gallery near the La Paz waterfall.

Otherwise low numbers throughout the tour.



THRAUPIDAE

- Common Bush-tanager** *Chlorospingus ophthalmicus* – Seen at Los Gallitos and Monte Verde reserve.
- Sooty-capped Bush-tanager** *Chlorospinus pileatus* (Endemic) - Seen at Vulcan Poás and the Alberge.
- Olive Tanager** *Chlorothraupis carmioli* - Two at La Selva.
- Tawny-crested Tanager** *Tachyphonus delatrii* - A male near Los Gallitos.
- White-lined Tanager** *Tachyphonus rufus* - A male near Brilla Sol.
- Red-throated Ant-tanager** *Habia fuscicauda* - Common at Selva Verde lodge.
- Crimson-collared Tanager** *Ramphocelus (Phlogothraupis) sanguinolenta* - A male at Turialba.
- Passerini's Tanager** *Ramphocelus passerinii* - Common at the Carribean side.
- Cherrie's Tanager** *Ramphocelus costaricensis* (Endemic) – Two males and a female near Carara.
- Blue-gray Tanager** *Thraupis episcopus* - Common.
- Palm Tanager** *Thraupis palmarum* - Common at La Selva and Selva Verde lodge.
- Scrub Euphonia** *Euphonia affinis* - Nice views of four birds at the Santa Rosa reserve.
- Yellow-crowned Euphonia** *Euphonia luteicapilla* - Males near Los Gallitos and Selva Verde lodge.
- Yellow-throated Euphonia** *Euphonia hirundinacea* - Seen at Monte Verde.
- Olive-backed Euphonia** *Euphonia gouldi* - Common at Los Gallitos and Selva Verde lodge.
- Tawny-capped Euphonia** *Euphonia anneae* - A male near Los Gallitos (Annelien only).
- Golden-browed Chlorophonia** *Chlorophonia callophrys* – Immuatures at the Monte Verde reserve.
- Emerald Tanager** *Tangara florida* - Common at Los Gallitos.
- Silver-throated Tanager** *Tangara icterocephala* - Common at La Paz and Monte Verde reserve.
- Speckled Tanager** *Tangara guttata* - A male at Los Gallitos.
- Bay-headed Tanager** *Tangara gyrola* - Seen at Los Gallitos.
- Rufous-winged Tanager** *Tangara lavinia* – A male seen near Pta. Uva.
- Golden-hooded Tanager** *Tangara larvata* – Common but surprisingly difficult to spot.
- Spangle-cheeked Tanager** *Tangara dowii* (Endemic) - Nice views at the Monte Verde reserve.
- Scarlet-thighed Dacnis** *Dacnis venusta* - Two males at Los Gallitos.
- Blue Dacnis** *Dacnis cayana* – Females at Los Gallitos.
- Green Honeycreeper** *Chlorophanes spiza* - A male at Selva Verde lodge.
- Shining Honeycreeper** *Cyanerpes lucidus* - A male at Los Gallitos, common at Selva Verde lodge.
- Red-legged Honeycreeper** *Cyanerpes cyaneus* - A male at Los Gallitos.

EMBERIZIDAE

- Blue-black Grassquit** *Volatina jacarina* - Three birds at Vulcan Poás.
- Variable Seed eater** *Sporophila corvine* – Common.
- White-collared Seed eater** *Sporophila torqueola* - Common at Dominical.
- Thick-billed Seed eater** *Oryzoborus funereus* - A male at La Paz, common at Puerto Viejo.
- Yellow-faced Grassquit** *Tiaris olivacea* – A few at “downtown” Monte Verde.
- Slaty Flowerpiecer** *Diglossa plumbea* (Endemic) - Seen at La Paz and Alberge Mirador de Quetzale.
- Yellow-thighed Finch** *Pselliophorus tibialis* (Endemic) - Stunning views at Alberge Mirdador.
- Large-footed Finch** *Pezopetes capitalis* (Endemic) - Common at Vulcan Poás and Alberge Mirador.
- Orange-billed Sparrow** *Arremon aurantirostris* – Common at Selva Verde lodge.
- Black-striped Sparrow** *Arremonops conirostris* - One at Brilla Sol, Alajuela. Common at Liberia.
- Yellow-throated (White-naped) Brush-Finch** *Atlapetus gutturalis* – A few at Monte Verde.
- White-eared Ground-sparrow** *Melospiza leucotis* - Two at the Monte Verde reserve.

Striped-headed Sparrow *Aimophila ruficauda* – Seen near Hotel Carara and at Serro de la Muerte.
Rufous-collared Sparrow *Zonotrichia capensis* – Common.
Peg-billed Finch *Oryzoborus nuttingi* (Endemic) - Close views of a single bird at Vulcan Poás.
Botteri's Sparrow *Aimophila botteri* – Briefly seen along the road to the Rincón de la Vieja reserve.

CARDINALIDAE

Grayish Saltator *Saltator coerulescens* - A single bird at Los Gallitos, St. Miguel.
Buff-throated Saltator *Saltator maximus* - Common.
Black-headed Saltator *Saltator atriceps* – Seen at Los Gallitos.
Black-faced Grosbeak *Caryothraustes poliogaster* - One at Los Gallitos.

ICTERIDAE

Red-winged Blackbird *Agelaius phoeniceus* - Common along the road to the Palo Verde reserve.
Eastern Meadowlark *Sturnella magna* - Seen near Brilla Sol, Alajuela and Palo Verde reserve.
Great-tailed Crackle *Quiscalus mexicanus* – Common.
Bronzed Cowbird *Molothrus aeneus* - Common at Los Gallitos.
Yellow-tailed Oriole *Icterus mesomelas* - Three along the road to La Selva Biological Station.
Streak-backed Oriole *Icterus pustulatus* - Two near the Palo Verde reserve.
Black-cowled Oriole *Icterus dominicensis* – Several seen throughout the tour.
Chestnut-headed Oropendola *Psarocolius wagleri* – Seen at La Selva and Selva Verde lodge.
Montezuma Oropendola *Gymnostinops montezuma* – Common.
Northern (Baltimore) Oriole *Icterus galbula* - A female near at the Palo Verde reserve.

MAMMALS

Mantled Howler Monkey *Alouatta palliata* – La Selva Biological Station, Monte Verde and Carara.
White-throated Capuchin *Cebus capucinus* - Seen at Manuel Antonio reserve and Carara reserve.
Central American Spider Monkey *Ateles geoffroyi* – A few at La Selva.
Squirrel Monkey *Saimiri oerstedii* – Well seen in the mangroves at Manuel Antonio.
Hoffmann's Two-toed Sloth *Choloepus hoffmanni* - Nice views at Selva Verde lodge.
Brown-throated three-toed Sloth *Bradypus vaiegatus* - Seen at Manuel Antonio and Puerto Viejo.
Northern Raccoon *Procyon lotor* – One at the visitor center of the Monte Verde reserve.
Crab-eating Raccoon *Procyon cancrivorus* - Close views at Manuel Antonio
White-tailed Deer *Venado coliblanco* - A female crossing the trail at the Santa Rosa reserve.
Nine-banded Armadillo *Dasypus novemcinctus* - Seen when driving to the Palo Verde reserve.
Variegated Squirrel *Sciurus variegatoides* – Common. The white NW-subspecies seen at Santa Rosa.
Red-tailed Squirrel *Sciurus granatensis* - Common at La Selva and Monte Verde reserve.
Central American Agouti *Dasyprocta punctata* – Common.
White-nosed Coati *Nasua narica* – Common.
Collared Peccary *Tayassu tajacu* - Family groups at La Selva.
Puma *Puma concolor* - A nice print in the mud at Rincón de la Vieja. Likely this species.

REPTILES

American Crocodile *Crocodylus acutus* - Seen well from the bridge over the Rio Sarapiquí, Tarcoles.
Spectacled Caiman *Caiman crocodiles* - One seen during the boat tour at the Rio Sarapiquí.
Black River Turtle *Rhinoclemmys funerea* - Common at Selva Verde lodge and fond of bananas.
Green Iguana *Iguana iguana* – Common in the lowlands.
Jesus Christ Lizard *Basiliscus basiliscus* - A single on rocks at the Rio Sarapiquí.
Emerald Basilisk *Basiliscus plumifrons* - One on the trails at the La Selva Biological Station.
Fer de lance *Bothrops asper* ("seven-step snake") - One at Selva Verde lodge.
Pirate snake sp. - A long and thin green snake, seen on the ground.
Chameleon sp. - One along the trail at the Selva Verde lodge.

AMPHIBIANS

Blue Jeans Dart Frog *Dendrobates pumilio* - Seen at La Selva and Selva Verde lodge.
Black and Green Dart Frog *Dendrobates auratus* - Common at the Selva Verde lodge.

MISCELLANEOUS

Red-knee Tarantula *Brachypelma smithi* - A single in a tree trunk during the Hidden Valley tour.